



DR SHOBHA RAJU

SOLUTION ..war can't be

Common man has to devote much of his/her time to keep life going and for “Sadhana” (Spiritual Pursuit), if interested in life-after death. It becomes tuff to make a genuine comment on National or International political scenario, which requires an in-depth study, unless the scene is very evident. Unfortunately it is not easy to get a genuine information in spite of the developed technology, - on account of the manipulative nature of the humans.

Is Russia right in attacking Ukraine? We can't answer this question in a single word. But people trying to save their lives in fear, loosing lives in deadly attacks, invariably makes a heart bleed with sadness and sympathy towards Ukraine.

These are the times, the human intelligence has seen its peak. Day to day advancement of science and technology is amazing. People are looking forward to own their properties in the moon and shake hands with aliens. The distance between science and spirituality is narrow-



ing gradually as one is practically realizing its theories in another. Science approaches the truth starting from the matter. Spirituality approaches Truth from the spirit. Both are meeting at one point, The

Truth.

For example, Krishna said in Bhagawadgeeta, “Nainam chin-danti shastraani, nainam dahati paavakah, Na chainam kledayantya pah, Na shoshayati maarutah”. He



said that soul cannot be cut into pieces by the weapons, cannot be burnt by fire, cannot be drenched by water, cannot be withered by air.

Same truth was stated by Einstein, "Energy cannot be destroyed or created..it can only be changed from one form to another". What Krishna called a soul was called as Energy by Einstein. He further said that all the seeming differences are but the Energy's different rate of vibration. Its amazing to observe sound getting transformed into light, when is vibrated in different frequency. They are molecular structure and count that bring seeming change in the matter.

Snow looks solid. It becomes liquid in a temperature and gas in another temperature. It's practical example how a same matter takes different form and nature.

It's in this practical experience of Energy or spirit that Annamayya said, "Brahmamokkate!", which means ..Consciousness is One! The Consciousness is synonymously called Energy, Spirit, Soul. It's called "Brahmam" in the spiritual terminology.

When we realize this Truth, there cannot be hatred or selfishness in the degree of war.

Things could be resolved with talks and understanding. Compassion is the essential quality of a human being as the indwelling spirit and the stuff with which the outer is made is one and the same. But it's

covered with thick layers of selfishness and ego.

In the backdrop of above thinking, I am reminded of our beloved M. S. Amma's appealing rendition written by Paramapujya Paramacharya of Kanchi Peetam

मैत्री भजत अखलिहृज्जेत्रीम्
 आत्मवदेव परानपि पश्यत ।
 युद्धं त्यजत स्पर्धां त्यजत
 त्यजत परेषु अक्रममाक्रमणम् ॥
 जननी पृथिवी कामदुघाऽऽस्ते
 जनको देवः सकलदयालुः ।
 दाम्यत दत्त दयध्वं जनताः
 श्रेयो भूयात् सकलजनानाम् ॥
 maitrībhajata akhilahjjetrīm
 ātmavadeva parānapi paśyata |
 yuddha tyajata spardhā tyajata
 tyajata pareu akramam ākramaam ||
 janānī pthivī kāmādughā(ā)ste
 janako deva sakaladayālu |
 dāmyata datta dayadhva janatā
 śreyo bhūyāt sakalajanānām ||

Meaning of the song :

Practice friendship

You'll conquer every heart

See yourself in others. (You know why? Because there is no difference between you and others. Only ego differentiates one from the other. This truth has to be realised by constant spiritual practice).

Give up war

Give up competition

Give up unduly invading others.

Mother Earth caters to all our needs.

Our Father, God is all merciful

So pls restrain yourselves

Give in charity

Be compassionate to all

May wellness be to all!

Einstein said, "I know not with what weapons World War-3 will be fought, but World War-4 will be fought with sticks and stones". Should we go in regression to such a low ebb in culture and civilization, having already reached to such a height of sophistication?

May sanity prevail in the world, particularly among leaders.

Shreyo Bhooyaat Sakala Janaanam!

(Author is a well-known musician, Devotional singer, writer and composer.) 